



REFLECTIONS

Welcome

Welcome to Reflections at Salaya Beach Houses, where we sincerely hope you'll experience deep relaxation and precious time for yourself. Enjoy this time to reflect and rejuvenate while our expertly trained therapists pamper you with the powerful benefits of massage, facial and body treatments.

In keeping with our love of the ocean, we're proud to include Algotharm skincare as the foundation for all our facial treatments. Hailing from France, Algotharm is known as 'skin powered by the ocean', due to its active ingredients being derived from seaweed, plus other organic elements such as spirulina, aloe, chestnut, citrus and calendula.

Our masseuses are all professionally trained, and offer a wide-range of massage styles from those designed to provide a sense of calm and relaxation, through to rebalancing and restorative styles such as Thai, ventosa and sports recovery.

Private treatment rooms at Reflections are all temperature controlled, and include a water wall and koi pond flowing through the spa. We offer individual and couples rooms, as well as a private soaking tub that can be enjoyed with aromatherapy or mineral salts to restore tired muscles.

Reflections is open Tuesday - Sunday from 11am to 10 pm. Treatments are available on Mondays by prior arrangement.

Spa etiquette - please arrive 10 minutes prior to your appointment time. As a courtesy to all guests, treatments will end at the scheduled time.

Cancellations or time changes must be received at least 12 hours prior to the appointment time, or a 50% cancellation fee will apply. All 'no shows' will be billed at 100% of the treatment rate.

You will be provided with a sarong or robe and slippers to use before and after your treatment. As a courtesy to your therapist, please shower prior and wear underpants during your massage (disposable underwear is available upon request if you prefer).

All prices are in USD and can be converted to Philippine Pesos using the resort rate of the day.

enjoy...



Spa Menu



Massages

Pampering Foot Massage	45 min	\$ 36
Hilot (Filipino Massage)	75 min	\$ 58
Ventosa (Cupping)	90 min	\$ 60
Hot Stone	90 min	\$ 60
Thai Massage	60 min	\$ 48
Signature Deep Surrender	90 min	\$ 60
Swedish	60 min	\$ 48
Aromatherapy Elixer	60 min	\$ 48
Pregnancy	70 min	\$ 48
Foot & Back Combination	60 min	\$ 48
Head & Back Combination	45 min	\$ 36

Facials *Algothorm skincare products from France*

Algoclear Balancing Facial	60 min	\$ 60
Algosensi Soothing Facial	60 min	\$ 60
Algotime Anti-Aging Facial	90 min	\$ 76
Express Facial	30 min	\$ 30
Intensive Eye & Lip Contour Treatment	35 min	\$ 34
Add Collagen Booster		\$ 5

Hand, Foot & Nail Care

		OPI Shine	OPI Gel
Manicure Hand Spa	90 min	\$ 25	\$ 30
Pedicure	90 min	\$ 30	\$ 35
Foot Spa Pedicure, w/ scrub & deep exfoliation	120 min	\$ 55	\$ 60
Nail Art, standard per nail	20 min	\$ 1	\$ 1
Gel Removal	15 min		\$ 15



Spa Menu



Body Treatments

Gentle Marine Body Scrub	60 min	\$ 40
Soaking Tub Relaxation w/ essential oils	30 min	\$ 16
Soaking Tub Relaxation w/ essential oils	60 min	\$ 30

A body scrub will remove all the dead skins cells from your body and leave your skin feeling amazing! You'll feel clean, soft and moisturized.

At the end of the body scrub treatment, you'll shower in the private ensuite bathroom that is part of the treatment suite. Organic body wash, shampoo, conditioner and fresh towels are all be provided.

Day Spa Packages

Nourish marine body scrub, hilot massage w/ banana leaf wrap, soothing facial	3.25 hrs	\$145
Restore signature surrender massage, anti-aging facial, intensive eye & lip contour + soaking tub w/ refreshments	4.00 hrs	\$160
Energize marine body scrub, foot & back massage, balancing facial	3.25 hrs	\$120



Master Masseuse

Lino



Felino, known to us all as 'Lino', is a gifted and talented body worker who studied the art of healing with a Japanese master, more than 14 years ago. Lino has healing gifts that go beyond massage, with every treatment being tailored to what your body needs.

Your session will begin with a soothing foot soak, using mineral salts. After moving to the massage bed, Lino will perform a cleansing ceremony with healing energy using a Tibetan singing bowl. The deep, rich vibrations and tones from the singing bowl have powerful healing properties, and aid in stress relief. It's the perfect way to balance the energy in the room, and create the optimal environment for healing.

Working according to your body's needs, using his intuitive guidance, Lino's confident and strong hands will target acupuncture points and knead with therapeutic strength to release tension. Lino uses a lot of stretching, and broad sweeping massage strokes to smooth out the length of muscles, and bring a welcome sense of completion.

As powerful as Lino is, his mind and hands will be attuned to applying the right amount of pressure where it is needed when taking you through your treatment.

Expect strong pressure and very active techniques during your session. Some treatments may include the use of gua sha or other traditional tools that aid in improving blood circulation and reducing tension and inflammation. Lino will always discuss this with you before using these tools.

Healing Treatments with Lino

Deep Healing Massage	90 min	\$ 100
Ventosa (Cupping) combined with massage gun	90 min	\$ 100
Thai Warrior Massage	90 min	\$ 100
Lomi Lomi (Hawaiian Massage)	90 min	\$ 100
Sports Recovery (Deep Tissue)	60 min	\$ 90
Swedish Massage	60 min	\$ 80
Foot Reflexology	60 min	\$ 80
Head & Back Combination	60 min	\$ 80

Lino also leads Hatha Yoga at Salaya, and can guide guests in fitness training. As well as being a gifted healer, he is an accomplished body builder.

Algothear Balancing Facial

Deeply cleansing and purifying and beneficial for those who have some blemishes or troublesome spots. This facial gently regulates your skin's natural balance, ensuring a visible reduction of sebum secretion and impurities. Thanks to the purifying oxygenating mask, your skin recovers its suppleness, natural hydration and natural health. 60 minutes.

USD 60

Cleanse w/ comfort cleansing milk

Tone w/ comforting micellar water

Gentle enzymatic exfoliation

Facial massage

Anti-blemish intensive corrector serum

Ozone therapy steamer

Extraction of sebum buildup (optional)

Oxygenating peel-off mask

Tone w/ comforting micellar water

Eye & lip treatment w/ moisturising contour gel

Purifying moisturiser

Collagen booster serum - optional - \$5

In keeping with our love of the ocean, we're proud to include Algotherm skincare as the foundation for all our facial treatments. Hailing from France, Algotherm is known as 'skin powered by the ocean', due to its active ingredients being derived from seaweed, plus other organic elements such as spirulina, aloe, chestnut, citrus and calendula.

Algotherm
cosmetique marine 1962

Algosensi Soothing Facial

Best for sensitive skin. This treatment alleviates skin irritations and reduces redness.

Specially formulated products that are rich in marine minerals will improve the cutaneous tolerance of your skin while providing instant comfort and relief. Your skin will look and feel fabulous! 60 minutes

USD 60

Cleanse w/ comfort cleansing milk

Tone w/ comforting micellar water

Gentle enzymatic exfoliation

Facial massage

Application of soothing tolerance serum

Oxygenating peel-off mask

Tone w/ comforting micellar water

Eye & lip treatment w/ moisturising contour gel

High tolerance protective moisturiser

Collagen booster serum - optional - \$5

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Algotharm
cosmetique marine 1962

Algotime Anti-Aging Facial

Perfect for dealing with fine lines and visible expression lines, resulting in younger looking skin. Ozone therapy will aid in preserving and restoring the natural beauty and health of your skin. Ozone boosts the ability of cells to produce collagen and elastin, which in turn helps to soften fine lines and wrinkles, tighten or firm skin, and thereby slow down the aging process.

90 minutes.

USD 76

Cleanse w/ comfort cleansing milk

Tone w/ comforting micellar water

Gentle enzymatic exfoliation

Facial massage

Application of Marine Life anti-aging serum

Ozone steam therapy

Oxygenating peel-off mask

Tone w/ comforting micellar water

Eye & lip treatment w/ moisturising contour gel

Youth lift cream

Collagen booster serum - optional - \$5

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Algotharm
cosmetique marine 1962

Express Facial

If you need a quick pick-me-up and still want the best care for your skin, then our Express Facial with beautifully nourishing and balancing products from Algotharm will leave your skin feeling renewed. 30 minutes.

USD 30

Cleanse w/ comfort cleansing milk

Tone w/ comforting micellar water

Gentle enzymatic exfoliation

Facial massage

Application of Marine Life serum

Youth lift moisturising cream

Collagen booster serum - optional - \$5

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Intensive Eye & Lip Contour

Pamper your eye and lip area with a rejuvenating eye mask, specifically designed for the delicate area around your eyes. This mask gives a calming and refreshing sensation. Fine lines are visibly reduced, your eye contour will be smooth, sublime and free from puffiness.

35 minutes.

USD 34

Cleanse w/ comfort cleansing milk

Tone w/ comforting micellar water

Application of eye & lip contour serum

Regard rejuvenating mask

Application of Marine Life serum

Youth lift moisturising cream

Collagen booster serum - optional - \$5

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Gentle Marine Body Scrub

This marine body scrub gently removes dead skin cells.

Rich in minerals and different species of seaweed (Laminaria, Spirulina and Lithothamnium), this scrub will remove impurities and leave your whole body feeling clean and remineralised, feeling soft and regenerated.

Products used for this treatment include Algotharm's Marine Body Scrub and Marine Body Oil - both of which are very nourishing, and smell divine!

60 minutes.

USD 40

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